

# **R.E.A.L. Horizons Consulting Service (RHCS)**

## **Dr. Dwayne L. Buckingham, President/CEO**

**“Expanding Social, Cognitive and Behavioral skills by keeping it  
R.E.A.L.”**

### **Company Information**

**RHCS \* P.O. Box 2665 \* Silver Spring, MD 20915**

**(240) 242-4087**

**dwayne@realhorizonsdlb.com**

**www.realhorizonsdlb.com**

### **Company Profile**

R.E.A.L. Horizons Consulting Service, LLC, a small human service consulting firm was founded by philanthropist and psychotherapist Dr. Dwayne L. Buckingham in August 2006. A Service-Disabled Veteran and minority-owned business, RHCS has an excellent reputation for providing high-quality coaching, education, training, speaking and facilitating services to individuals, couples, non-profit organizations, small businesses, Fortune 500 companies, healthcare organizations and human service agencies who desire to resolve personal, interpersonal, relational and organizational challenges that impede productivity and growth.

Our approach is optimistic and focuses on maximizing human capacity to effectively cope with frustration, distress, unhappiness, burnout, stress and anxiety associated with personal, relationship, interpersonal or organizational challenges. We place emphasis on the personal worth of all individuals and strive to empower them from within.

### **Areas of Expertise Include:**

- ❖ Leadership and Employee Development
- ❖ Relationship Enhancement
- ❖ Professional Development
- ❖ Health and Wellness
- ❖ Organizational Effectiveness
- ❖ Life Skills Enhancement
- ❖ Empathy and Resiliency Development

### **Core Services**

- ❖ Life Skills, Relationship and Executive Coaching
- ❖ Organizational Resiliency Training
- ❖ Community Empowerment and Service Delivery Education
- ❖ Keynote Speaking
- ❖ Workshop Facilitation